



14. thüringen ULTRA

Fröttstädt / 02.07.2022

Detailed evaluation

Ulrich Trodler

Club: Citylauf-Verein Dresden
Number: 239

Course: 100.22 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 9:55:55

Speed: 10.07 km/h
Running performance: 5:56 min/km

Rank in course/Total: 10 (of 187)

Rank in course/Men: 10 (of 159)

Best time in course: 8:24:01

Rank in category: 4(of 22)

Best time in the category: 8:24:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:28:52	5:30	2	21:05	7	21:05	27.00	2:28:52	5:30	2	21:05	7	21:05
Floh-Seligenthal	27.00	2:35:00	5:44	3	20:22	9	20:22	54.00	5:03:52	5:37	3	41:27	7	41:27
Finsterbergen	22.00	2:26:14	6:38	4	29:58	17	29:58	76.00	7:30:06	5:55	4	1:11:25	10	1:11:25
Finish	24.22	2:25:49	6:01	4	2:25:49	17	2:25:49	100.22	9:55:55	5:56	4	1:31:54	10	1:31:54