



14. thüringen ULTRA
Fröttstädt / 02.07.2022

Detailed evaluation

Daniel Knauer

Club: Brockenlaufverein Ilsenburg
Number: 235

Course: 100.22 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 10:44:01

Speed: 9.34 km/h
Running performance: 6:25 min/km

Rank in course/Total: 21 (of 187)

Rank in course/Men: 21 (of 159)

Best time in course: 8:24:01

Rank in category: 5(of 22)

Best time in the category: 8:24:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:36:16	5:47	6	28:29	15	28:29	27.00	2:36:16	5:47	6	28:29	15	28:29
Floh-Seligenthal	27.00	2:43:57	6:04	5	29:19	19	29:19	54.00	5:20:13	5:55	5	57:48	19	57:48
Finsterbergen	22.00	2:37:15	7:08	6	40:59	25	40:59	76.00	7:57:28	6:16	5	1:38:47	20	1:38:47
Finish	24.22	2:46:33	6:52	7	2:46:33	38	2:46:33	100.22	10:44:01	6:25	5	2:20:00	21	2:20:00