



14. thüringen ULTRA
Fröttstädt / 02.07.2022

Detailed evaluation

Marc Brökelmann

Club: Akaflieg Braunschweig
Number: 18

Course: 100.22 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 12:31:40

Speed: 7.98 km/h
Running performance: 7:30 min/km

Rank in course/Total: 63 (of 187)

Rank in course/Men: 59 (of 159)

Best time in course: 8:24:01

Rank in category: 12(of 22)

Best time in the category: 8:24:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:49:21	6:16	9	41:34	32	41:34	27.00	2:49:21	6:16	9	41:34	32	41:34
Floh-Seligenthal	27.00	3:17:04	7:17	12	1:02:26	65	1:02:26	54.00	6:06:25	6:47	11	1:44:00	43	1:44:00
Finsterbergen	22.00	3:02:17	8:17	11	1:06:01	63	1:06:01	76.00	9:08:42	7:13	11	2:50:01	49	2:50:01
Finish	24.22	3:22:58	8:22	15	3:22:58	80	3:22:58	100.22	12:31:40	7:30	12	4:07:39	59	4:07:39