



14. thüringen ULTRA  
Fröttstädt / 02.07.2022

Detailed evaluation

Alex Miller

Club: Team Miller-Udell  
Number: 23

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M45 (45-49 Jahre)

Total time: 12:42:40

Speed: 7.87 km/h  
Running performance: 7:36 min/km

Rank in course/Total: 69 (of 187)

Rank in course/Men: 64 (of 159)

Best time in course: 8:24:01

Rank in category: 13(of 22)

Best time in the category: 8:24:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Men	Cat.	Men	km	Time	min/km	Cat.	Men	Cat.	Men
Glasbachwiese	27.00	3:19:32	7:23	17	81	17	81	27.00	3:19:32	7:23	17	81	17	81
Floh-Seligenthal	27.00	3:20:38	7:25	13	70	16	77	54.00	6:40:10	7:24	16	77	16	77
Finsterbergen	22.00	2:56:27	8:01	10	58	14	69	76.00	9:36:37	7:35	14	69	14	69
Finish	24.22	3:06:03	7:40	12	59	13	64	100.22	12:42:40	7:36	13	64	13	64