



# 14. thüringen ULTRA

Fröttstädt / 02.07.2022

## Detailed evaluation

**Thomas Hennig**

Club: LAV Zeven  
Number: 211

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M50 (50-54 Jahre)

Total time: 11:08:11

Speed: 8.98 km/h  
Running performance: 6:40 min/km

Rank in course/Total: 29 (of 187)

Rank in course/Men: 28 (of 159)

Best time in course: 8:24:01

Rank in category: 7(of 36)

Best time in the category: 9:56:21

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:47:24	6:12	5	10:47	31	39:37	27.00	2:47:24	6:12	5	10:47	31	39:37
Floh-Seligenthal	27.00	2:46:29	6:09	4	9:53	22	31:51	54.00	5:33:53	6:10	4	17:29	25	1:11:28
Finsterbergen	22.00	2:40:09	7:16	5	22:54	29	43:53	76.00	8:14:02	6:30	3	39:47	23	1:55:21
Finish	24.22	2:54:09	7:11	13	2:54:09	48	2:54:09	100.22	11:08:11	6:40	7	1:11:50	28	2:44:10