



14. thüringen ULTRA

Fröttstädt / 02.07.2022

Detailed evaluation

Norman Lehmann

Club: GP

Number: 130

Course: 100.22 km

100 Kilometer

Category:

Senioren M50 (50-54 Jahre)

Total time: 11:41:05

Speed: 8.56 km/h

Running performance: 6:59 min/km

Rank in course/Total: 43 (of 187)

Rank in course/Men: 40 (of 159)

Best time in course: 8:24:01

Rank in category: 10(of 36)

Best time in the category: 9:56:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:58:16	6:36	10	21:39	42	50:29	27.00	2:58:16	6:36	10	21:39	42	50:29
Floh-Seligenthal	27.00	3:08:57	6:59	12	32:21	49	54:19	54.00	6:07:13	6:48	10	50:49	44	1:44:48
Finsterbergen	22.00	2:46:29	7:34	9	29:14	41	50:13	76.00	8:53:42	7:01	10	1:19:27	42	2:35:01
Finish	24.22	2:47:23	6:54	11	2:47:23	42	2:47:23	100.22	11:41:05	6:59	10	1:44:44	40	3:17:04