



3. Lüneburger Heide Staffellauf und Ultra-Marathon Lüneburg / 18.06.2022

Detailed evaluation

Zwingmann André

Club: Adidas Runners Frankfurt
Number: 152

Course: 100.00 km
Ultra-Marathon

Category:
Senioren M45 (45-49 Jahre)

Rank in course/Total: DNF (of 102)

Rank in course/Men: DNF (of 86)

Best time in course: 8:42:41

Rank in category: DNF(of 15)

Best time in the category: 9:44:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Südergellersen	10.30	57:14	5:33	3	8:53	21	9:17	10.30	57:14	5:33	3	8:53	21	9:17
Amelinghausen	13.80	1:23:54	6:04	9	18:40	35	19:42	24.10	2:21:08	5:51	8	27:33	30	28:53
Schwindebeck	9.40	1:11:42	7:37	13	26:18	62	27:48	33.50	3:32:50	6:21	9	53:51	45	1:15:30
Bispingen	8.90	-	-	15	-	81	-	42.40	3:32:50	5:01	2	8:39	6	1:15:30
Overhaverbeck	10.80	fehlt!	-	-	-	-	-	53.20	-	-	-	-	-	-
Undeloh	6.90	fehlt!	-	-	-	-	-	60.10	-	-	-	-	-	-
Egestorf	9.20	fehlt!	-	-	-	-	-	69.30	-	-	-	-	-	-
Salzhausen	10.70	fehlt!	-	-	-	-	-	80.00	-	-	-	-	-	-
Südergellersen	10.90	fehlt!	-	-	-	-	-	90.90	-	-	-	-	-	-
Sülzwiesen	9.10	fehlt!	-	-	-	-	-	100.00	-	-	-	-	-	-