



### 3. Lüneburger Heide Staffellauf und Ultra-Marathon

Lüneburg / 18.06.2022

#### Detailed evaluation

Peters Robert

Total time: 11:34:28

Number: 89

Speed: 8.64 km/h

Running performance: 06:56 min/km

Course: 100.00 km

Rank in course/Total: 21 (of 102)

Ultra-Marathon

Rank in course/Men: 19 (of 86)

Best time in course: 8:42:41

Category:

Rank in category: 3(of 10)

Senioren M35 (35-39 Jahre)

Best time in the category: 9:56:21

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Südergellersen	10.30	57:22	5:34	8	9:19	23	9:25	10.30	57:22	5:34	8	9:19	23	9:25
Amelinghausen	13.80	1:18:31	5:41	5	14:19	17	14:19	24.10	2:15:53	5:38	6	23:38	19	23:38
Schwindebeck	9.40	53:45	5:43	5	9:51	14	9:51	33.50	3:09:38	5:39	7	52:18	19	52:18
Bispingen	8.90	53:27	6:00	3	11:25	13	11:25	42.40	4:03:05	5:43	5	1:45:45	19	1:45:45
Overhaverbeck	10.80	1:10:04	6:29	3	14:32	16	16:24	53.20	5:13:09	5:53	3	58:47	12	58:47
Undeloh	6.90	51:06	7:24	3	8:29	23	16:30	60.10	6:04:15	6:03	3	1:07:16	16	1:07:16
Egestorf	9.20	1:28:28	9:36	5	28:37	36	38:52	69.30	7:32:43	6:31	3	1:35:53	18	1:40:34
Salzhausen	10.70	1:22:16	7:41	3	9:33	19	24:49	80.00	8:54:59	6:41	3	1:39:17	17	2:02:44
Südergellersen	10.90	1:31:37	8:24	2	18:30	20	27:26	90.90	10:26:36	6:53	3	1:38:28	19	2:30:10
Sülzwiesen	9.10	1:07:52	7:27	3	10:36	25	21:37	100.00	11:34:28	6:56	3	1:38:07	19	2:51:47