



3. Lüneburger Heide Staffellauf und Ultra-Marathon Lüneburg / 18.06.2022

Detailed evaluation

Eikenbusch Stefan

Total time: 13:34:18

Number: 29

Speed: 7.37 km/h

Running performance: 08:08 min/km

Course: 100.00 km

Rank in course/Total: 44 (of 102)

Ultra-Marathon

Rank in course/Men: 38 (of 86)

Best time in course: 8:42:41

Category:

Rank in category: 7(of 10)

Senioren M35 (35-39 Jahre)

Best time in the category: 9:56:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Südergellersen	10.30	56:38	5:29	6	8:35	17	8:41	10.30	56:38	5:29	6	8:35	17	8:41
Amelinghausen	13.80	1:13:25	5:19	3	9:13	7	9:13	24.10	2:10:03	5:23	3	17:48	9	17:48
Schwindebeck	9.40	52:10	5:32	3	8:16	9	8:16	33.50	3:02:13	5:26	4	44:53	11	44:53
Bispingen	8.90	54:16	6:05	4	12:14	16	12:14	42.40	3:56:29	5:34	4	1:39:09	14	1:39:09
Overhaverbeck	10.80	1:24:28	7:49	7	28:56	38	30:48	53.20	5:20:57	6:01	4	1:06:35	16	1:06:35
Undeloh	6.90	59:57	8:41	7	17:20	38	25:21	60.10	6:20:54	6:20	6	1:23:55	25	1:23:55
Egestorf	9.20	1:35:39	10:23	6	35:48	46	46:03	69.30	7:56:33	6:52	6	1:59:43	28	2:04:24
Salzhausen	10.70	1:52:36	10:31	8	39:53	56	55:09	80.00	9:49:09	7:21	7	2:33:27	32	2:56:54
Südergellersen	10.90	2:03:09	11:17	7	50:02	55	58:58	90.90	11:52:18	7:50	7	3:04:10	35	3:55:52
Sülzwiesen	9.10	1:42:00	11:12	7	44:44	56	55:45	100.00	13:34:18	8:08	7	3:37:57	38	4:51:37