



### 3. Lüneburger Heide Staffellauf und Ultra-Marathon

Lüneburg / 18.06.2022

#### Detailed evaluation

Möller Jonathan

Total time: 13:36:57

Number: 83

Speed: 7.34 km/h

Running performance: 08:10 min/km

Course: 100.00 km

Rank in course/Total: 46 (of 102)

Ultra-Marathon

Rank in course/Men: 40 (of 86)

Best time in course: 8:42:41

Category:

Rank in category: 2(of 3)

Männer (20-29 Jahre)

Best time in the category: 10:32:18

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Südergellersen	10.30	56:33	5:29	2	3:07	15	8:36	10.30	56:33	5:29	2	3:07	15	8:36	
Amelinghausen	13.80	1:22:15	5:57	2	3:12	32	18:03	24.10	2:18:48	5:45	2	6:19	27	26:33	
Schwindebeck	9.40	1:01:03	6:29	2	11:37	40	17:09	33.50	3:19:51	5:57	2	17:56	31	1:02:31	
Bispingen	8.90	1:05:21	7:20	2	17:22	45	23:19	42.40	4:25:12	6:15	2	35:18	43	2:07:52	
Overhaverbeck	10.80	1:23:55	7:46	2	25:42	35	30:15	53.20	5:49:07	6:33	2	1:01:00	36	1:34:45	
Undeloh	6.90	57:17	8:18	2	13:16	32	22:41	60.10	6:46:24	6:45	2	1:14:16	38	1:49:25	
Egestorf	9.20	1:36:41	10:30	2	30:39	47	47:05	69.30	8:23:05	7:15	2	1:44:55	34	2:30:56	
Salzhausen	10.70	1:41:35	9:29	2	18:24	43	44:08	80.00	10:04:40	7:33	2	2:03:19	34	3:12:25	
Südergellersen	10.90	2:04:59	11:27	2	40:08	56	1:00:48	90.90	12:09:39	8:01	2	2:43:27	37	4:13:13	
Sülzwiesen	9.10	1:27:18	9:35	2	21:12	46	41:03	100.00	13:36:57	8:10	2	3:04:39	40	4:54:16	