



3. Lüneburger Heide Staffellauf und Ultra-Marathon Lüneburg / 18.06.2022

Detailed evaluation

Läufer Otter sind auch nur

Number: 212

Course: 100.00 km

2-er-Staffel

Category:

2er Staffel

Total time: 13:47:27

Speed: 7.25 km/h

Running performance: 08:16 min/km

Rank in course/Total: 11 (of 11)

Rank in course/Total: 11 (of 11)

Best time in course: 9:18:35

Rank in category: 11(of 11)

Best time in the category: 9:18:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score		Total ranking		Total km	Total Time	Total min/km	Stage score		Total ranking	
				Pos Cat.	Behind Cat.	Pos Total	Behind Total				Pos Cat.	Behind Cat.	Pos Total	Behind Total
Südergellersen	10.30	58:57	5:43	3	8:34	3	8:34	10.30	58:57	5:43	3	8:34	3	8:34
Amelinghausen	13.80	1:20:20	5:49	4	13:27	4	13:27	24.10	2:19:17	5:46	3	22:01	3	22:01
Schwindebeck	9.40	59:00	6:16	3	12:08	3	12:08	33.50	3:18:17	5:55	3	34:09	3	34:09
Bispingen	8.90	1:06:55	7:31	4	20:56	4	20:56	42.40	4:25:12	6:15	3	55:05	3	55:05
Overhaverbeck	10.80	1:30:11	8:21	6	27:40	6	27:40	53.20	5:55:23	6:40	5	1:15:43	5	1:15:43
Undeloh	6.90	55:18	8:00	9	25:11	9	25:11	60.10	6:50:41	6:49	6	1:36:01	6	1:36:01
Egestorf	9.20	1:30:01	9:47	9	46:45	9	46:45	69.30	8:20:42	7:13	6	2:16:05	6	2:16:05
Salzhausen	10.70	1:47:57	10:05	11	56:42	11	56:42	80.00	10:08:39	7:36	6	3:01:57	6	3:01:57
Südergellersen	10.90	1:59:57	11:00	11	1:00:28	11	1:00:28	90.90	12:08:36	8:00	9	3:46:23	9	3:46:23
Sülzwiesen	9.10	1:38:51	10:51	11	49:55	11	49:55	100.00	13:47:27	8:16	11	4:28:52	11	4:28:52