

### 3. Internationaler Lüneburger Heide-Staffellauf

Juni 18, 2022

#### RESULTS

#### Lüneburger Heide-Staffellauf 100km

Pos	No.	Name Verein	Country	Gender	Class	Südergell Pos Amelingh Pos Schwinde Pos Bispingen Pos Overhaver Pos Undeloh Pos Egestorf Pos Salzhause Pos Lüneburg Pos	Overall	Behind
1st	325	Lüneburger SV Lüneburger SV	GER		5-10er Staffel	01:32:19 (1) 00:51:04 (1) 00:36:40 (1) 00:44:16 (4) 00:46:51 (1) 00:29:56 (2) 00:39:59 (1) 00:39:41 (1) 00:45:11 (4)	<b>07:05:57</b>	
2nd	329	RSC Lüneburg Triathlon RSC Lüneburg	GER		5-10er Staffel	01:45:27 (3) 00:56:51 (2) 00:55:35 (15) 00:40:59 (2) 00:50:06 (2) 00:30:32 (4) 00:43:36 (2) 00:54:27 (5) 00:39:58 (1)	<b>07:57:31</b>	+00:51:34
3rd	334	sport.TRI.lich Speed SPRTS			5-10er Staffel	01:46:36 (5) 01:05:57 (5) 00:48:21 (6) 00:47:29 (5) 00:54:14 (5) 00:30:24 (3) 00:56:21 (13) 00:54:39 (7) 00:40:10 (2)	<b>08:24:11</b>	+01:18:14
4th	303	BSG Nordmark BSG Nordmark Pharma	GER		5-10er Staffel	01:37:13 (2) 01:06:41 (7) 00:54:14 (14) 00:48:00 (8) 00:51:09 (4) 00:44:46 (19) 00:55:52 (12) 00:49:35 (2) 00:48:29 (8)	<b>08:35:59</b>	+01:30:02
5th	320	LG Buchwedel LG Buchwedel			5-10er Staffel	01:45:35 (4) 01:06:47 (8) 00:50:24 (9) 00:47:48 (6) 00:55:01 (6) 00:41:36 (14) 00:53:50 (9) 00:59:17 (9) 00:49:09 (9)	<b>08:49:27</b>	+01:43:30

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6th	311	HHLA läuft gut HHLA läuft gut	GER		5-10er Staffel	02:26:16 (28) 01:04:31 (4) 00:48:41 (7) <u>00:39:28 (1)</u> 00:50:21 (3) 00:36:07 (8) 00:44:32 (3) 01:02:34 (13) 01:04:32 (28)	<b>09:17:02</b>	+02:11:05
7th=	301	Aßmanns Laufkäfer	GER		5-10er Staffel	01:53:23 (6) 01:03:58 (3) 00:43:50 (3) 00:47:51 (7) 01:14:40 (26) 00:43:14 (17) 00:51:37 (6) 01:07:40 (22) 00:56:34 (20)	<b>09:22:47</b>	+02:16:50
7th=	331	Schule Marienau... läuft! Schule Marienau e.V.	GER		5-10er Staffel	02:03:21 (13) 01:08:25 (10) 00:42:59 (2) 00:41:44 (3) 01:01:41 (14) 00:31:29 (5) 00:53:31 (8) 00:53:25 (4) 01:26:12 (32)	<b>09:22:47</b>	+02:16:50
9th	341	Team Naturpark 1 Naturparkregion Lüneburger Heide	GER		5-10er Staffel	01:56:24 (9) 01:12:16 (14) 00:46:45 (5) 00:55:29 (17) 01:08:30 (25) 00:42:35 (15) 00:59:21 (20) 00:49:49 (3) 00:51:42 (13)	<b>09:22:51</b>	+02:16:54
10th	347	VfL Team VfL Lüneburg	GER		5-10er Staffel	02:10:49 (19) 01:07:03 (9) 00:57:35 (21) 00:54:34 (16) 01:00:17 (13) <u>00:29:41 (1)</u> 00:50:08 (4) 01:02:09 (12) 00:52:09 (15)	<b>09:24:25</b>	+02:18:28

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11th	319	LG Brunsberg LG Brunsberg	GER		5-10er Staffel	01:54:01 (7) 01:21:14 (23) 00:50:32 (10) 00:49:27 (10) 00:58:40 (9) 00:39:38 (11) 00:51:33 (5) 01:04:10 (16) 00:58:59 (25)	<b>09:28:14</b>	+02:22:17
12th	318	Leupher:innen			5-10er Staffel	02:10:38 (17) 01:06:25 (6) 00:49:59 (8) 00:52:16 (12) 01:03:11 (17) 00:41:30 (13) 00:57:46 (16) 01:01:41 (11) 00:46:50 (5)	<b>09:30:16</b>	+02:24:19
13th	312	Hitradio Namibia Hitradio Namibia			5-10er Staffel	01:57:40 (10) 01:15:08 (18) 00:53:02 (12) 00:49:19 (9) 00:59:18 (10) 00:38:44 (9) 00:56:56 (15) 01:15:23 (27) 00:49:33 (10)	<b>09:35:03</b>	+02:29:06
14th	333	sport.TRI.lich Special SPRTS			5-10er Staffel	01:56:02 (8) 01:14:42 (17) 00:56:31 (19) 00:59:00 (21) 00:59:57 (11) 00:44:13 (18) 00:55:35 (11) 01:01:18 (10) 00:57:25 (21)	<b>09:44:43</b>	+02:38:46
15th	342	Team Naturpark 2 Naturparkregion Lüneburger Heide	GER		5-10er Staffel	02:07:08 (14) 01:28:40 (27) 01:04:18 (27) 00:52:45 (13) 00:55:42 (7) 00:35:23 (7) 00:55:13 (10) 01:03:48 (14) 00:41:58 (3)	<b>09:44:55</b>	+02:38:58

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16th	323	Lufthansa SV/ BSV HH Lufthansa SV/ BSV HH	GER		5-10er Staffel	02:01:05 (12) 01:19:19 (21) 01:00:53 (24) 00:51:50 (11) 01:02:47 (16) 00:40:26 (12) 01:02:37 (23) 00:57:15 (8) 00:51:17 (11)	<b>09:47:29</b>	+02:41:32
17th	317	Lauftreff TuS Hohnstorf Lauftreff TuS Hohnstorf	GER		5-10er Staffel	02:07:15 (15) 01:11:06 (13) 00:57:44 (22) 01:02:50 (25) 00:59:58 (12) 00:54:04 (29) 00:59:20 (19) 01:07:21 (20) 00:51:37 (12)	<b>10:11:15</b>	+03:05:18
18th	315	Lauftreff Geesthacht Lauftreff Geesthacht	GER		5-10er Staffel	02:10:03 (16) 01:21:20 (24) 00:56:34 (20) 00:58:47 (20) 01:03:44 (18) 00:46:50 (21) 01:02:46 (24) 01:04:35 (17) 00:47:28 (7)	<b>10:12:07</b>	+03:06:10
19th	304	Calluna vollgasis Leuphana Universität	GER		5-10er Staffel	02:13:13 (22) 01:20:02 (22) 00:51:01 (11) 00:56:48 (18) 00:57:04 (8) 00:38:48 (10) 01:06:26 (28) 01:10:02 (25) 00:58:52 (24)	<b>10:12:16</b>	+03:06:19
20th	314	Landkreis Heidekreis Landkreis Heidekreis	GER		5-10er Staffel	02:12:50 (21) 01:13:56 (15) 00:46:33 (4) 00:54:09 (14) 01:04:01 (19) 00:33:31 (6) 01:09:28 (29) 01:15:41 (29) 01:13:58 (30)	<b>10:24:07</b>	+03:18:10

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21st	305	Dahlenburger Moor-teufel Dahlenburger SK	GER		5-10er Staffel	01:59:38 (11) 01:26:51 (26) 01:06:33 (29) 01:00:22 (22) 01:04:13 (20) 00:46:50 (21) 01:04:20 (26) 01:07:18 (19) 00:52:26 (16)	<b>10:28:31</b>	+03:22:34
22nd	339	SVG Lüneburg 5. Damen	GER		5-10er Staffel	02:13:50 (23) 01:09:00 (11) 00:55:50 (17) 01:05:31 (27) 01:29:00 (32) 00:50:54 (28) 01:02:24 (22) 01:04:01 (15) 00:52:06 (14)	<b>10:42:36</b>	+03:36:39
23rd	313	In Oldendörp löppt	GER		5-10er Staffel	02:11:17 (20) 01:29:19 (28) 00:58:50 (23) 00:54:21 (15) 01:02:09 (15) 00:42:37 (16) 01:01:54 (21) 01:26:15 (32) 00:57:50 (23)	<b>10:44:32</b>	+03:38:35
24th	327	MTV Rethmar - Laufsparte MTV Rethmar - Laufsparte			5-10er Staffel	02:27:03 (29) 01:01:56 (24) 01:06:15 (23) 00:46:50 (21) 00:51:37 (6) 01:04:56 (18) 01:18:23 (31)	<b>10:50:31</b>	+03:44:34
25th	330	Runnersofruhrpott 2 Runnersofruhrpott	GER		5-10er Staffel	02:36:13 (30) 01:09:39 (12) 00:56:21 (18) 01:11:10 (30) 01:04:57 (21) 00:49:25 (27) 01:04:01 (25) 00:54:30 (6) 01:07:36 (29)	<b>10:53:52</b>	+03:47:55

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26th	306	Der Heideexpress Der Heideexpress	GER		5-10er Staffel	02:10:45 (18) 01:16:13 (19) 01:05:20 (28) 01:27:34 (32) 01:06:15 (23) 00:56:01 (30) 00:58:31 (17) 01:09:37 (24) 00:57:49 (22)	<b>11:08:05</b>	+04:02:08
27th	307	Die Heideflitzer	GER		5-10er Staffel	02:23:26 (25) 01:44:41 (30) 01:04:10 (26) 01:06:01 (28) 01:15:51 (27) 00:49:06 (25) 00:58:58 (18) 01:12:58 (26) 00:47:00 (6)	<b>11:22:11</b>	+04:16:14
28th	328	No Meat Athletes No Meat Athletes	GER		5-10er Staffel	03:17:16 (32) 01:14:32 (16) 00:54:10 (13) 01:05:12 (26) 01:05:27 (22) 00:46:03 (20) 00:56:41 (14) 01:15:29 (28) 00:52:48 (17)	<b>11:27:38</b>	+04:21:41
29th	326	MTV Amelinghausen LT MTV Amelinghausen LT	GER		5-10er Staffel	02:18:37 (24) 01:33:06 (29) 01:11:43 (31) 01:01:07 (23) 01:22:17 (28) 00:48:36 (24) 01:20:10 (31) 01:07:35 (21) 00:53:19 (18)	<b>11:36:30</b>	+04:30:33
30th	335	Stade Night Runners Team 4 Stade Night Runners	GER		5-10er Staffel	02:25:58 (27) 01:45:44 (31) 00:55:38 (16) 00:57:35 (19) 01:26:48 (29) 00:49:11 (26) 01:06:01 (27) 01:08:45 (23) 01:02:22 (27)	<b>11:38:02</b>	+04:32:05

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31st	344	The Great 2 Great Hearts	GER		5-10er Staffel	02:36:28 (31) 01:17:45 (20) 01:09:41 (30) 01:09:12 (29) 01:28:04 (31) 00:56:39 (31) 01:20:55 (32) 01:17:12 (31) 00:55:15 (19)	<b>12:11:11</b>	+05:05:14
32nd	343	The Great 1 Great Hearts	GER		5-10er Staffel	02:24:00 (26) 01:25:32 (25) 01:03:53 (25) 01:13:57 (31) 01:27:13 (30) 01:01:34 (32) 01:17:55 (30) 01:17:11 (30) 00:59:57 (26)	<b>12:11:12</b>	+05:05:15