



10. VR Bank Charity Triathlon Bidingen

Bidingen / 29.05.2022

Detailed evaluation

Thomas Glaub

Total time: 2:42:15

Club: Laufprojekt Bidingen

Number: 29

Course: 49.25 km

Rank in course/Total: 36 (of 42)

Chari Tria Olymp (1,25-38.0-10,0)

Rank in course/Men: 30 (of 34)

Best time in course: 1:49:44

Category:

Rank in category: 5(of 6)

Olymp Senioren 2 MK45

Best time in the category: 2:09:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.25	29:59	23:59	5	8:40	26	11:29	1.25	29:59	23:59	7	8:40	35	11:29
Wechsel S -> R	-	4:08	-	5	2:06	27	2:25	1.25	34:07	27:17	7	10:46	35	13:54
Schwimmen Total	1.25	34:07	27:17	7	10:46	35	13:54	1.25	34:07	27:17	7	10:46	35	13:54
Rad netto	38.00	1:14:23	1:57	6	11:31	29	21:37	39.25	1:48:30	2:45	7	22:17	35	35:03
Wechsel R -> L	-	1:33	-	4	0:18	13	0:41	39.25	1:50:03	2:48	7	22:26	35	35:44
Rad Total	38.00	1:15:56	1:59	6	11:40	28	22:18	39.25	1:50:03	2:48	7	22:26	35	35:44
Lauf	10.00	52:12	5:13	5	13:03	28	16:47	49.25	2:42:15	3:17	5	33:12	30	52:31