



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

Detailed evaluation

Nahja Stenner

Total time: 54:44

Club: Höchster Schwimmverein 1983 e.V.

Number: 440

Course: 12.90 km

Rank in course/Total: 45 (of 46)

Chari Tria Youth 3 (0,4-10,0-2,5)

Rank in course/Women: 18 (of 18)

Best time in course: 38:50

Category:

Rank in category: 10(of 10)

Schülerinnen A (12-13 J.)

Best time in the category: 41:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.40	7:56	19:49	6	1:51	13	1:51	0.40	7:56	19:49	6	1:51	13	1:51
Wechsel S -> R	-	2:00	-	9	0:38	16	0:51	0.40	9:56	24:49	8	2:29	15	2:29
Schwimmen Total	0.40	9:56	24:49	8	2:29	15	2:29	0.40	9:56	24:49	8	2:29	15	2:29
Rad netto	10.00	26:34	2:39	10	5:32	18	6:35	10.40	36:30	3:30	10	8:01	18	9:04
Wechsel R -> L	-	0:52	-	8	0:13	14	0:13	10.40	37:22	3:35	10	7:48	18	9:12
Rad Total	10.00	27:26	2:44	10	5:32	18	6:43	10.40	37:22	3:35	10	7:48	18	9:12
Lauf	2.50	17:22	6:56	10	5:52	18	6:44	12.90	54:44	4:14	10	13:40	18	15:54