



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

Detailed evaluation

Georgios Lampsakos

Total time: 1:34:49

Number: 179

Course: 25.55 km

Rank in course/Total: 60 (of 70)

Chari Tria (0,55-20,0-5,0)

Rank in course/Men: 50 (of 55)

Best time in course: 58:31

Category:

Rank in category: 2(of 3)

Männer AK3

Best time in the category: 1:16:22

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 0.55 | 12:50 | 23:19 | 2 | 1:13 | 37 | 5:53 | 0.55 | 12:50 | 23:19 | 2 | 1:13 | 37 | 5:53 |
| Wechsel S -> R | - | 5:57 | - | 3 | 3:25 | 55 | 4:50 | 0.55 | 18:47 | 34:09 | 2 | 4:31 | 50 | 10:43 |
| Schwimmen Total | 0.55 | 18:47 | 34:09 | 2 | 4:31 | 50 | 10:43 | 0.55 | 18:47 | 34:09 | 2 | 4:31 | 50 | 10:43 |
| Rad netto | 20.00 | 45:11 | 2:15 | 2 | 9:58 | 51 | 15:50 | 20.55 | 1:03:58 | 3:06 | 2 | 14:29 | 50 | 24:56 |
| Wechsel R -> L | - | 1:38 | - | 2 | 0:26 | 36 | 0:59 | 20.55 | 1:05:36 | 3:11 | 2 | 14:55 | 51 | 25:46 |
| Rad Total | 20.00 | 46:49 | 2:20 | 2 | 10:24 | 51 | 16:40 | 20.55 | 1:05:36 | 3:11 | 2 | 14:55 | 51 | 25:46 |
| Lauf | 5.00 | 29:13 | 5:50 | 3 | 3:32 | 47 | 12:00 | 25.55 | 1:34:49 | 3:42 | 2 | 18:27 | 50 | 36:18 |