



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

Detailed evaluation

Georgios Lampsakos

Total time: 1:34:49

Number: 179

Course: 25.55 km

Rank in course/Total: 60 (of 70)

Chari Tria (0,55-20,0-5,0)

Rank in course/Men: 50 (of 55)

Best time in course: 58:31

Category:

Rank in category: 2(of 3)

Männer AK3

Best time in the category: 1:16:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.55	12:50	23:19	2	1:13	37	5:53	0.55	12:50	23:19	2	1:13	37	5:53
Wechsel S -> R	-	5:57	-	3	3:25	55	4:50	0.55	18:47	34:09	2	4:31	50	10:43
Schwimmen Total	0.55	18:47	34:09	2	4:31	50	10:43	0.55	18:47	34:09	2	4:31	50	10:43
Rad netto	20.00	45:11	2:15	2	9:58	51	15:50	20.55	1:03:58	3:06	2	14:29	50	24:56
Wechsel R -> L	-	1:38	-	2	0:26	36	0:59	20.55	1:05:36	3:11	2	14:55	51	25:46
Rad Total	20.00	46:49	2:20	2	10:24	51	16:40	20.55	1:05:36	3:11	2	14:55	51	25:46
Lauf	5.00	29:13	5:50	3	3:32	47	12:00	25.55	1:34:49	3:42	2	18:27	50	36:18