



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

Detailed evaluation

Rüdiger Faust

Total time: 1:11:33

Club: Faust

Number: 135

Course: 25.55 km

Rank in course/Total: 23 (of 70)

Chari Tria (0,55-20,0-5,0)

Rank in course/Men: 21 (of 55)

Best time in course: 58:31

Category:

Rank in category: 2(of 9)

Senioren 1 MK40

Best time in the category: 1:08:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.55	10:05	18:19	4	1:10	20	3:08	0.55	10:05	18:19	4	1:10	56	3:08	
Wechsel S -> R	-	2:06	-	1	-	22	0:59	0.55	12:11	22:09	2	1:03	56	4:07	
Schwimmen Total	0.55	12:11	22:09	2	1:03	56	4:07	0.55	12:11	22:09	2	1:03	56	4:07	
Rad netto	20.00	33:21	1:40	2	2:03	17	4:00	20.55	45:32	2:12	1	-	56	6:30	
Wechsel R -> L	-	1:15	-	3	0:21	25	0:36	20.55	46:47	2:16	1	-	56	6:57	
Rad Total	20.00	34:36	1:43	2	1:34	17	4:27	20.55	46:47	2:16	1	-	56	6:57	
Lauf	5.00	24:46	4:57	4	6:11	30	7:33	25.55	1:11:33	2:48	2	3:10	21	13:02	