



# 10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

## Detailed evaluation

**Florian Benischke**

**Total time: 1:17:13**

Club: FFW Rainrod

Number: 139

Course: 25.55 km

Rank in course/Total: 31 (of 70)

Chari Tria (0,55-20,0-5,0)

Rank in course/Men: 29 (of 55)

Best time in course: 58:31

Category:

Rank in category: 4(of 9)

Senioren 1 MK40

Best time in the category: 1:08:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.55	13:11	23:58	6	4:16	41	6:14	0.55	13:11	23:58	6	4:16	56	6:14
Wechsel S -> R	-	2:44	-	5	0:38	35	1:37	0.55	15:55	28:56	6	4:47	56	7:51
Schwimmen Total	0.55	15:55	28:56	6	4:47	56	7:51	0.55	15:55	28:56	6	4:47	56	7:51
Rad netto	20.00	36:06	1:48	3	4:48	27	6:45	20.55	52:01	2:31	6	6:29	56	12:59
Wechsel R -> L	-	2:18	-	9	1:24	53	1:39	20.55	54:19	2:38	6	7:32	56	14:29
Rad Total	20.00	38:24	1:55	4	5:22	29	8:15	20.55	54:19	2:38	6	7:32	56	14:29
Lauf	5.00	22:54	4:34	3	4:19	23	5:41	25.55	1:17:13	3:01	4	8:50	29	18:42