



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

Detailed evaluation

Holger Löschen

Total time: 1:14:23

Club: Triathlon Team Gießen

Number: 150

Course: 25.55 km

Rank in course/Total: 27 (of 70)

Chari Tria (0,55-20,0-5,0)

Rank in course/Men: 25 (of 55)

Best time in course: 58:31

Category:

Rank in category: 5(of 8)

Senioren 2 MK45

Best time in the category: 59:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.55	11:32	20:58	5	3:18	29	4:35	0.55	11:32	20:58	5	3:18	56	4:35
Wechsel S -> R	-	1:35	-	2	0:25	12	0:28	0.55	13:07	23:50	4	3:43	56	5:03
Schwimmen Total	0.55	13:07	23:50	4	3:43	56	5:03	0.55	13:07	23:50	4	3:43	56	5:03
Rad netto	20.00	34:23	1:43	4	4:20	18	5:02	20.55	47:30	2:18	9	6:57	56	8:28
Wechsel R -> L	-	1:02	-	4	0:13	15	0:23	20.55	48:32	2:21	9	7:10	56	8:42
Rad Total	20.00	35:25	1:46	4	4:06	19	5:16	20.55	48:32	2:21	9	7:10	56	8:42
Lauf	5.00	25:51	5:10	7	8:10	35	8:38	25.55	1:14:23	2:54	5	15:20	25	15:52