



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

Detailed evaluation

Heiko Hartmann

Total time: 1:31:38

Club: SV Rot-WEiss-Grün Salzböden

Number: 155

Course: 25.55 km

Rank in course/Total: 58 (of 70)

Chari Tria (0,55-20,0-5,0)

Rank in course/Men: 49 (of 55)

Best time in course: 58:31

Category:

Rank in category: 8(of 8)

Senioren 3 MK50

Best time in the category: 1:03:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.55	13:01	23:40	6	4:51	40	6:04	0.55	13:01	23:40	6	4:51	56	6:04
Wechsel S -> R	-	2:59	-	8	1:22	43	1:52	0.55	16:00	29:05	7	6:06	56	7:56
Schwimmen Total	0.55	16:00	29:05	7	6:06	56	7:56	0.55	16:00	29:05	7	6:06	56	7:56
Rad netto	20.00	43:45	2:11	8	11:52	49	14:24	20.55	59:45	2:54	8	17:44	56	20:43
Wechsel R -> L	-	2:38	-	8	1:41	54	1:59	20.55	1:02:23	3:02	8	19:14	56	22:33
Rad Total	20.00	46:23	2:19	8	13:20	50	16:14	20.55	1:02:23	3:02	8	19:14	56	22:33
Lauf	5.00	29:15	5:50	6	8:29	48	12:02	25.55	1:31:38	3:35	8	27:43	49	33:07