



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

Detailed evaluation

Ralf Schlaeger

Total time: 1:25:18

Club: 1. Hanauer Lauftreff/LC Hanau

Number: 194

Course: 25.55 km

Rank in course/Total: 50 (of 70)

Chari Tria (0,55-20,0-5,0)

Rank in course/Men: 43 (of 55)

Best time in course: 58:31

Category:

Rank in category: 5(of 5)

Senioren 4 MK55

Best time in the category: 1:05:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.55	10:54	19:49	3	2:25	25	3:57	0.55	10:54	19:49	3	2:25	56	3:57
Wechsel S -> R	-	3:31	-	5	1:42	48	2:24	0.55	14:25	26:12	3	4:07	56	6:21
Schwimmen Total	0.55	14:25	26:12	3	4:07	56	6:21	0.55	14:25	26:12	3	4:07	56	6:21
Rad netto	20.00	41:05	2:03	5	8:12	46	11:44	20.55	55:30	2:42	4	12:19	56	16:28
Wechsel R -> L	-	1:41	-	4	0:36	38	1:02	20.55	57:11	2:46	4	12:55	56	17:21
Rad Total	20.00	42:46	2:08	5	8:48	46	12:37	20.55	57:11	2:46	4	12:55	56	17:21
Lauf	5.00	28:07	5:37	5	6:55	43	10:54	25.55	1:25:18	3:20	5	19:50	43	26:47