



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

Detailed evaluation

Dominik Lorenz

Total time: 2:15:07

Club: Aalschder Bube Running Squad

Number: 9

Course: 49.25 km

Rank in course/Total: 12 (of 42)

Chari Tria Olymp (1,25-38.0-10,0)

Rank in course/Men: 10 (of 34)

Best time in course: 1:49:44

Category:

Rank in category: 4(of 8)

Olymp Männer AK3

Best time in the category: 1:58:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.25	26:24	21:07	6	7:54	17	7:54	1.25	26:24	21:07	9	7:54	35	7:54
Wechsel S -> R	-	2:12	-	3	0:29	5	0:29	1.25	28:36	22:52	9	8:23	35	8:23
Schwimmen Total	1.25	28:36	22:52	9	8:23	35	8:23	1.25	28:36	22:52	9	8:23	35	8:23
Rad netto	38.00	1:03:32	1:40	5	5:35	10	10:46	39.25	1:32:08	2:20	9	13:41	35	18:41
Wechsel R -> L	-	1:42	-	4	0:44	17	0:50	39.25	1:33:50	2:23	9	14:25	35	19:31
Rad Total	38.00	1:05:14	1:43	5	6:02	10	11:36	39.25	1:33:50	2:23	9	14:25	35	19:31
Lauf	10.00	41:17	4:07	3	3:05	8	5:52	49.25	2:15:07	2:44	4	16:46	10	25:23