



# 10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

## Detailed evaluation

**Dominik Lorenz**

**Total time: 2:15:07**

Club: Aalschder Bube Running Squad

Number: 9

Course: 49.25 km

Rank in course/Total: 12 (of 42)

Chari Tria Olymp (1,25-38.0-10,0)

Rank in course/Men: 10 (of 34)

Best time in course: 1:49:44

Category:

Rank in category: 4(of 8)

Olymp Männer AK3

Best time in the category: 1:58:21

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Schwimmen nett  | 1.25        | 26:24         | 21:07           | 6           | 7:54           | 17          | 7:54          | 1.25          | 26:24         | 21:07           | 9           | 7:54           | 35         | 7:54          |
| Wechsel S -> R  | -           | 2:12          | -               | 3           | 0:29           | 5           | 0:29          | 1.25          | 28:36         | 22:52           | 9           | 8:23           | 35         | 8:23          |
| Schwimmen Total | 1.25        | 28:36         | 22:52           | 9           | 8:23           | 35          | 8:23          | 1.25          | 28:36         | 22:52           | 9           | 8:23           | 35         | 8:23          |
| Rad netto       | 38.00       | 1:03:32       | 1:40            | 5           | 5:35           | 10          | 10:46         | 39.25         | 1:32:08       | 2:20            | 9           | 13:41          | 35         | 18:41         |
| Wechsel R -> L  | -           | 1:42          | -               | 4           | 0:44           | 17          | 0:50          | 39.25         | 1:33:50       | 2:23            | 9           | 14:25          | 35         | 19:31         |
| Rad Total       | 38.00       | 1:05:14       | 1:43            | 5           | 6:02           | 10          | 11:36         | 39.25         | 1:33:50       | 2:23            | 9           | 14:25          | 35         | 19:31         |
| Lauf            | 10.00       | 41:17         | 4:07            | 3           | 3:05           | 8           | 5:52          | 49.25         | 2:15:07       | 2:44            | 4           | 16:46          | 10         | 25:23         |