



## Detailed evaluation

**Hans Kreuzau**

Club: LTV Erfurt  
Number: 113

Course: 21.00 km  
Halbmarathon

Category:  
Senioren M30 (30-34)

Total time: 1:27:07

Speed: 14.46 km/h  
Running performance: 4:08 min/km

Rank in course/Total: 3 (of 35)

Rank in course/Men: 3 (of 25)

Best time in course: 1:17:00

Rank in category: 1(of 2)

Best time in the category: 1:27:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	9:34	-	1	-	3	1:04	-	9:34	-	1	-	3	1:04
Zwischenzeit II	-	16:20	-	1	-	3	1:42	-	25:54	-	1	-	3	2:46
Zwischenzeit I	-	16:37	-	1	-	3	1:35	-	42:31	-	1	-	3	4:21
Zwischenzeit II	-	16:44	-	1	-	3	1:47	-	59:15	-	1	-	3	6:08
Zwischenzeit I	-	17:18	-	1	-	4	2:15	-	1:16:33	-	1	-	3	8:23
Finish	21.00	10:34	-	1	-	4	1:44	21.00	1:27:07	4:08	1	-	3	10:07