



Detailed evaluation

Cliften Stephan

Club: Lockerjogger
Number: 131

Course: 21.00 km
Halbmarathon

Category:
Senioren M50 (50-54)

Total time: 2:04:19

Speed: 10.14 km/h
Running performance: 5:55 min/km

Rank in course/Total: 27 (of 35)

Rank in course/Men: 20 (of 25)

Best time in course: 1:17:00

Rank in category: 2(of 2)

Best time in the category: 1:48:23

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	13:26	-	2	1:42	20	4:56	-	13:26	-	2	1:42	20	4:56
Zwischenzeit II	-	23:04	-	2	3:26	21	8:26	-	36:30	-	2	5:08	20	13:22
Zwischenzeit I	-	24:02	-	2	3:37	22	9:00	-	1:00:32	-	2	8:45	21	22:22
Zwischenzeit II	-	23:51	-	2	3:04	19	8:54	-	1:24:23	-	2	11:49	21	31:16
Zwischenzeit I	-	24:52	-	2	1:59	21	9:49	-	1:49:15	-	2	13:48	20	41:05
Finish	21.00	15:04	-	2	2:08	21	6:14	21.00	2:04:19	5:55	2	15:56	20	47:19