



Detailed evaluation

Dieter Lippmann

Number: 83

Course: 21.00 km
Halbmarathon

Category:
Senioren M70 (70-74)

Total time: 3:00:23

Speed: 6.99 km/h

Running performance: 8:35 min/km

Rank in course/Total: 35 (of 35)

Rank in course/Men: 25 (of 25)

Best time in course: 1:17:00

Rank in category: 1(of 1)

Best time in the category: 3:00:23

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	17:14	-	1	-	25	8:44	-	17:14	-	1	-	25	8:44
Zwischenzeit II	-	30:19	-	1	-	25	15:41	-	47:33	-	1	-	25	24:25
Zwischenzeit I	-	32:18	-	1	-	25	17:16	-	1:19:51	-	1	-	25	41:41
Zwischenzeit II	-	35:33	-	1	-	25	20:36	-	1:55:24	-	1	-	25	1:02:17
Zwischenzeit I	-	40:18	-	1	-	25	25:15	-	2:35:42	-	1	-	25	1:27:32
Finish	21.00	24:41	-	1	-	25	15:51	21.00	3:00:23	8:35	1	-	25	1:43:23