



## Detailed evaluation

### Ines Mittelbach

Club: Laufen gegen Leiden  
Number: 120

Course: 21.00 km  
Halbmarathon

Category:  
Seniorinnen W40 (40-44)

Total time: 2:02:57

Speed: 10.25 km/h  
Running performance: 5:51 min/km

Rank in course/Total: 26 (of 35)

Rank in course/Women: 7 (of 10)

Best time in course: 1:50:13

Rank in category: 1(of 2)

Best time in the category: 2:02:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit I	-	13:26	-	1	-	7	1:20	-	13:26	-	1	-	7	1:20
Zwischenzeit II	-	23:04	-	1	-	6	2:32	-	36:30	-	1	-	8	3:52
Zwischenzeit I	-	24:01	-	1	-	7	3:05	-	1:00:31	-	1	-	7	6:57
Zwischenzeit II	-	23:53	-	1	-	7	2:40	-	1:24:24	-	1	-	7	9:37
Zwischenzeit I	-	24:49	-	1	-	7	2:44	-	1:49:13	-	1	-	7	12:21
Finish	21.00	13:44	-	1	-	3	0:23	21.00	2:02:57	5:51	1	-	7	12:44