



WBG Zukunft Geraauelauf
Erfurt / 25.09.2022

Detailed evaluation

Sebastian Matthäi

Number: 40

Course: 4.50 km
Jedermann

Category:
Männer (20-29 Jahre) J

Total time: 29:55

Speed: 8.02 km/h

Running performance: 6:38 min/km

Rank in course/Total: 41 (of 66)

Rank in course/Men: 23 (of 37)

Best time in course: 23:09

Rank in category: 3(of 5)

Best time in the category: 23:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit I	-	15:00	-	5	5:18	34	5:18	-	15:00	-	5	5:18	34	5:18
Finish	4.50	14:55	-	3	3:09	21	3:18	4.50	29:55	6:38	3	6:12	23	6:46