



Detailed evaluation

Michael Linke

Club: LVM RUNNING TEAM Sebastian Ruch
Number: 116

Course: 21.00 km
Halbmarathon

Category:
Senioren M35 (35-39)

Total time: 1:50:55

Speed: 11.36 km/h
Running performance: 5:16 min/km

Rank in course/Total: 18 (of 35)

Rank in course/Men: 17 (of 25)

Best time in course: 1:17:00

Rank in category: 3(of 3)

Best time in the category: 1:18:44

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	11:55	-	3	3:25	15	3:25	-	11:55	-	3	3:25	15	3:25
Zwischenzeit II	-	20:41	-	3	6:00	16	6:03	-	32:36	-	3	9:25	15	9:28
Zwischenzeit I	-	21:12	-	3	5:57	17	6:10	-	53:48	-	3	15:22	17	15:38
Zwischenzeit II	-	21:21	-	3	6:02	16	6:24	-	1:15:09	-	3	21:24	17	22:02
Zwischenzeit I	-	22:29	-	3	6:45	15	7:26	-	1:37:38	-	3	28:09	17	29:28
Finish	21.00	13:17	-	2	4:02	16	4:27	21.00	1:50:55	5:16	3	32:11	17	33:55