



WBG Zukunft Geraauelauf
Erfurt / 25.09.2022

Detailed evaluation

Markus Heinzerling

Number: 23

Course: 4.50 km
Jedermann

Category:
Senioren M40 (40-44) J

Total time: 25:08

Speed: 9.55 km/h

Running performance: 5:35 min/km

Rank in course/Total: 20 (of 66)

Rank in course/Men: 13 (of 37)

Best time in course: 23:09

Rank in category: 3(of 5)

Best time in the category: 24:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit I	-	12:33	-	4	2:07	24	2:51	-	12:33	-	4	2:07	24	2:51
Finish	4.50	12:35	-	2	0:15	10	0:58	4.50	25:08	5:35	3	0:54	13	1:59