



WBG Zukunft Geraauelauf  
Erfurt / 25.09.2022

Detailed evaluation

Marcus Recknagel

Number: 60

Course: 4.50 km  
Jedermann

Category:  
Senioren M45 (45-49) J

Total time: 24:50

Speed: 9.66 km/h

Running performance: 5:31 min/km

Rank in course/Total: 18 (of 66)

Rank in course/Men: 11 (of 37)

Best time in course: 23:09

Rank in category: 2(of 4)

Best time in the category: 23:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit I	-	12:12	-	3	1:41	22	2:30	-	12:12	-	3	1:41	22	2:30
Finish	4.50	12:38	-	2	1:01	11	1:01	4.50	24:50	5:31	2	1:36	11	1:41