



Detailed evaluation

Ronald Rauch

Club: SSV Erfurt Nord
Number: 59

Course: 4.50 km
Jedermann

Category:
Senioren M50 (50-54) J

Total time: 27:41

Speed: 8.67 km/h
Running performance: 6:09 min/km

Rank in course/Total: 30 (of 66)

Rank in course/Men: 18 (of 37)

Best time in course: 23:09

Rank in category: 3(of 3)

Best time in the category: 23:09

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit I	-	12:54	-	3	2:06	25	3:12	-	12:54	-	3	2:06	25	3:12
Finish	4.50	14:47	-	3	2:40	20	3:10	4.50	27:41	6:09	3	4:32	18	4:32