



## Detailed evaluation

**Juliane Aust**

Club: RollDichFit e.V.  
Number: 4

Course: 4.50 km  
Jedermann

Category:  
Seniorinnen W30 (30-34) J

Total time: 22:41

Speed: 10.58 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 3 (of 66)  
Rank in course/Women: 3 (of 29)  
Best time in course: 22:30

Rank in category: 1(of 7)  
Best time in the category: 22:41

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		
								km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit I	-	11:19	-	1	-	2	0:04	-	11:19	-	1	-	2	0:04
Finish	4.50	11:22	-	1	-	3	0:32	4.50	22:41	5:02	1	-	3	0:11