



## Detailed evaluation

Franziska Arndt

Number: 2

Course: 4.50 km  
Jedermann

Category:  
Seniorinnen W40 (40-44) J

Total time: 22:39

Speed: 10.60 km/h

Running performance: 5:01 min/km

Rank in course/Total: 2 (of 66)

Rank in course/Women: 2 (of 29)

Best time in course: 22:30

Rank in category: 1(of 4)

Best time in the category: 22:39

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit I	-	11:15	-	1	-	1	-	-	11:15	-	1	-	1	-
Finish	4.50	11:24	-	1	-	4	0:34	4.50	22:39	5:01	1	-	2	0:09