



Detailed evaluation

Manuela Koch

Number: 27

Course: 4.50 km
Jedermann

Category:
Seniorinnen W45 (45-49) J

Total time: 24:50

Speed: 9.66 km/h

Running performance: 5:31 min/km

Rank in course/Total: 17 (of 66)

Rank in course/Women: 7 (of 29)

Best time in course: 22:30

Rank in category: 1(of 4)

Best time in the category: 24:50

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Zwischenzeit I	-	12:21	-	1	-	6	1:06	-	12:21	-	1	-	6	1:06
Finish	4.50	12:29	-	1	-	7	1:39	4.50	24:50	5:31	1	-	7	2:20