



26. Hainichlauf und 3. Werratalmarathon

Mihla / 01.05.2022

Detailed evaluation

Trainingsgruppe Eisenach

Number: 36

Course: 42.20 km

Staffel

Category:

Männerstaffel

Total time: 2:52:15

Speed: 14.63 km/h

Running performance: 4:05 min/km

Rank in course: 2 (of 9)

Best time in course: 2:42:41

Rank in category: 2(of 8)

Best time in the category: 2:42:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Falken	11.60	44:40	3:51	3	3:02	3	3:02	11.60	44:40	3:51	3	3:02	3	3:02
Volteroda	12.30	51:26	4:10	3	4:58	3	4:58	23.90	1:36:06	4:01	3	8:00	3	8:00
Creuzburg	9.10	38:56	4:16	2	2:56	2	2:56	33.00	2:15:02	4:05	3	10:56	3	10:56
Mihla	9.20	37:13	4:02	1	-	1	-	42.20	2:52:15	4:04	2	9:34	2	9:34