



26. Hainichlauf und 3. Werratalmarathon

Mihla / 01.05.2022

Detailed evaluation

Die weißen Kenianer

Total time: 3:29:33

Number: 33

Speed: 12.08 km/h

Running performance: 4:58 min/km

Course: 42.20 km

Staffel

Rank in course: 7 (of 9)

Best time in course: 2:42:41

Category:

Rank in category: 7(of 8)

Männerstaffel

Best time in the category: 2:42:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Falken	11.60	53:23	4:36	6	11:45	6	11:45	11.60	53:23	4:36	6	11:45	6	11:45
Volteroda	12.30	59:06	4:48	6	12:38	6	12:38	23.90	1:52:29	4:42	5	24:23	5	24:23
Creuzburg	9.10	42:12	4:38	5	6:12	5	6:12	33.00	2:34:41	4:41	5	30:35	5	30:35
Mihla	9.20	54:52	5:57	7	17:39	7	17:39	42.20	3:29:33	4:57	7	46:52	7	46:52