



26. Hainichlauf und 3. Werratalmarathon

Mihla / 01.05.2022

Detailed evaluation

Danieli, Baruch

Club: Karkom, Israel

Number: 507

Course: 42.20 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 3:02:33

Speed: 13.80 km/h

Running performance: 4:20 min/km

Rank in course/Total: 1 (of 39)

Rank in course/Men: 1 (of 36)

Best time in course: 3:02:33

Rank in category: 1(of 6)

Best time in the category: 3:02:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Falken	11.60	46:01	3:58	1	-	1	-	11.60	46:01	3:58	1	-	1	-
Volteroda	12.30	53:02	4:18	1	-	2	0:04	23.90	1:39:03	4:08	1	-	2	0:04
Creuzburg	9.10	39:12	4:18	1	-	1	-	33.00	2:18:15	4:11	1	-	1	-
Mihla	9.20	44:18	4:48	1	-	1	-	42.20	3:02:33	4:19	1	-	1	-