



26. Hainichlauf und 3. Werratalmarathon

Mihla / 01.05.2022

Detailed evaluation

Montag, Andreas

Club: SV Normania Treffurt

Number: 524

Course: 42.20 km

Marathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 3:50:29

Speed: 10.93 km/h

Running performance: 5:28 min/km

Rank in course/Total: 11 (of 39)

Rank in course/Men: 11 (of 36)

Best time in course: 3:02:33

Rank in category: 2(of 5)

Best time in the category: 3:41:34

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Falken	11.60	57:27	4:57	1	-	12	11:26	11.60	57:27	4:57	1	-	12	11:26
Volteroda	12.30	1:07:32	5:29	2	0:10	15	14:34	23.90	2:04:59	5:13	1	-	12	26:00
Creuzburg	9.10	49:43	5:27	2	3:05	12	10:31	33.00	2:54:42	5:17	2	1:11	12	36:27
Mihla	9.20	55:47	6:03	2	7:44	9	11:29	42.20	3:50:29	5:27	2	8:55	11	47:56