



26. Hainichlauf und 3. Werratalmarathon

Mihla / 01.05.2022

Detailed evaluation

Schmidt, Alexander

Club: LT EMMERSHAUSEN

Number: 535

Course: 42.20 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:56:03

Speed: 10.73 km/h

Running performance: 5:35 min/km

Rank in course/Total: 14 (of 39)

Rank in course/Men: 14 (of 36)

Best time in course: 3:02:33

Rank in category: 1(of 5)

Best time in the category: 3:56:03

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Falken	11.60	57:18	4:56	1	-	9	11:17	11.60	57:18	4:56	1	-	9	11:17
Volteroda	12.30	1:05:12	5:18	1	-	7	12:14	23.90	2:02:30	5:07	1	-	7	23:31
Creuzburg	9.10	51:09	5:37	1	-	14	11:57	33.00	2:53:39	5:15	1	-	9	35:24
Mihla	9.20	1:02:24	6:46	1	-	16	18:06	42.20	3:56:03	5:35	1	-	14	53:30