



26. Hainichlauf und 3. Werratalmarathon

Mihla / 01.05.2022

Detailed evaluation

Döbel, Christian

Club: Waltershausen

Number: 510

Course: 42.20 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 4:29:45

Speed: 9.39 km/h

Running performance: 6:23 min/km

Rank in course/Total: 27 (of 39)

Rank in course/Men: 24 (of 36)

Best time in course: 3:02:33

Rank in category: 4(of 5)

Best time in the category: 3:56:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Falken	11.60	57:34	4:57	2	0:16	14	11:33	11.60	57:34	4:57	2	0:16	14	11:33
Volteroda	12.30	1:18:45	6:24	4	13:33	26	25:47	23.90	2:16:19	5:42	3	13:49	22	37:20
Creuzburg	9.10	1:03:07	6:56	4	11:58	25	23:55	33.00	3:19:26	6:02	3	25:47	23	1:01:11
Mihla	9.20	1:10:19	7:38	4	7:55	25	26:01	42.20	4:29:45	6:23	4	33:42	24	1:27:12