



# 26. Hainichlauf und 3. Werratalmarathon

Mihla / 01.05.2022

## Detailed evaluation

**Braun, Michel**

Club: TEAG Thüringer Energie AG  
Number: 505

Course: 42.20 km  
Marathon

Category:  
Senioren M45 (45-49 Jahre)

Total time: 5:02:38

Speed: 8.37 km/h  
Running performance: 7:10 min/km

Rank in course/Total: 35 (of 39)

Rank in course/Men: 32 (of 36)

Best time in course: 3:02:33

Rank in category: 5(of 5)

Best time in the category: 3:36:05

### Intermediate times

### Stage score

### Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Cat.	Men			Men	km	
Falken	11.60	1:09:14	5:58	5	13:44	30	23:13	11.60	1:09:14	5:58	5	13:44	30	23:13
Volteroda	12.30	1:23:37	6:47	5	20:58	30	30:39	23.90	2:32:51	6:23	5	34:42	29	53:52
Creuzburg	9.10	1:06:38	7:19	5	20:50	31	27:26	33.00	3:39:29	6:39	5	54:34	30	1:21:14
Mihla	9.20	1:23:09	9:02	5	34:15	31	38:51	42.20	5:02:38	7:10	5	1:26:33	32	2:00:05