



26. Hainichlauf und 3. Werratalmarathon

Mihla / 01.05.2022

Detailed evaluation

Gerlach, Günter

Club: LC Michelstadt

Number: 514

Course: 42.20 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 5:06:29

Speed: 8.26 km/h

Running performance: 7:16 min/km

Rank in course/Total: 37 (of 39)

Rank in course/Men: 34 (of 36)

Best time in course: 3:02:33

Rank in category: 6(of 6)

Best time in the category: 3:25:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Falken	11.60	1:16:47	6:37	6	26:10	34	30:46	11.60	1:16:47	6:37	6	26:10	34	30:46
Volteroda	12.30	1:27:11	7:05	6	27:32	33	34:13	23.90	2:43:58	6:51	6	53:42	33	1:04:59
Creuzburg	9.10	fehlt!	-	-	-	-	-	33.00	-	-	-	-	-	-
Mihla	9.20	2:22:31	15:29	6	1:32:07	36	1:38:13	42.20	5:06:29	7:15	6	1:41:20	34	2:03:56