



26. Hainichlauf und 3. Werratalmarathon

Mihla / 01.05.2022

Detailed evaluation

Gauditz, Christian

Club: Laufgruppe Treffurt

Number: 513

Course: 42.20 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:36:05

Speed: 11.66 km/h

Running performance: 5:07 min/km

Rank in course/Total: 5 (of 39)

Rank in course/Men: 5 (of 36)

Best time in course: 3:02:33

Rank in category: 1(of 5)

Best time in the category: 3:36:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Falken	11.60	55:30	4:47	1	-	6	9:29	11.60	55:30	4:47	1	-	6	9:29
Volteroda	12.30	1:02:39	5:05	1	-	6	9:41	23.90	1:58:09	4:56	1	-	6	19:10
Creuzburg	9.10	46:46	5:08	2	0:58	7	7:34	33.00	2:44:55	4:59	1	-	6	26:40
Mihla	9.20	51:10	5:33	2	2:16	7	6:52	42.20	3:36:05	5:07	1	-	5	33:32