



44. Alteburglauf  
Arnstadt / 05.05.2023

## Detailed evaluation

Schade, Carl

Club: TSV Plaue  
Number: 129

Course: 1.20 km  
Schüler- und Jedermannslauf

Category:  
männliche Kinder U10 (8-9)

Total time: 7:21

Speed: 8.16 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 84 (of 157)

Rank in course/Men: 36 (of 70)

Best time in course: 5:14

Rank in category: 13(of 21)

Best time in the category: 5:33