



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Manzke, Helena

Club: LSV Lok Arnstadt
Number: 204

Course: 3.50 km
Jugend- und Jedermannlauf

Category:
weibliche Jugend U18 (16-17)

Total time: 13:38

Speed: 15.40 km/h
Running performance: 3:54 min/km

Rank in course/Total: 1 (of 51)
Rank in course/Women: 1 (of 25)
Best time in course: 13:38

Rank in category: 1(of 3)
Best time in the category: 13:38