



44. Alteburglauf  
Arnstadt / 05.05.2023

## Detailed evaluation

Heinemann, Charlotte

Club: SV 90 Gräfenroda e.V.  
Number: 186

Course: 3.50 km

Jugend- und Jedermannlauf

Category:

weibliche Jugend U14 (12-13)

Total time: 15:23

Speed: 11.70 km/h

Running performance: 4:24 min/km

Rank in course/Total: 6 (of 51)

Rank in course/Women: 2 (of 25)

Best time in course: 13:38

Rank in category: 1(of 11)

Best time in the category: 15:23