



44. Alteburglauf  
Arnstadt / 05.05.2023

## Detailed evaluation

**Kortum, Luisa**

Club: SV 90 Gräfenroda e.V.  
Number: 200

Course: 3.50 km  
Jugend- und Jedermannlauf

Category:  
weibliche Jugend U14 (12-13)

Total time: 17:11

Speed: 10.48 km/h  
Running performance: 4:55 min/km

Rank in course/Total: 21 (of 51)

Rank in course/Women: 8 (of 25)

Best time in course: 13:38

Rank in category: 4(of 11)

Best time in the category: 15:23