



44. Alteburglauf  
Arnstadt / 05.05.2023

## Detailed evaluation

**Frühauf, Mia**

Club: ThSV 1886 Geschwenda  
Number: 39

Course: 1.20 km  
Schüler- und Jedermannslauf

Category:  
weibliche Kinder U10 (8-9)

Total time: 6:22

Speed: 11.31 km/h  
Running performance: 5:19 min/km

Rank in course/Total: 37 (of 157)

Rank in course/Women: 19 (of 87)

Best time in course: 5:34

Rank in category: 6(of 34)

Best time in the category: 5:56