



44. Alteburglauf  
Arnstadt / 05.05.2023

## Detailed evaluation

Günsch, Stefanie

Club: Arnstadt  
Number: 184

Course: 3.50 km  
Jugend- und Jedermannlauf

Category:  
Jederfrau

Total time: 19:59

Speed: 9.01 km/h  
Running performance: 5:43 min/km

Rank in course/Total: 41 (of 51)  
Rank in course/Women: 19 (of 25)  
Best time in course: 13:38

Rank in category: 2(of 5)  
Best time in the category: 17:14