



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Atzrott, Nadine

Club: Arnstadt
Number: 171

Course: 3.50 km
Jugend- und Jedermannlauf

Category:
Jederfrau

Total time: 23:04

Speed: 7.80 km/h
Running performance: 6:35 min/km

Rank in course/Total: 48 (of 51)
Rank in course/Women: 24 (of 25)
Best time in course: 13:38

Rank in category: 4(of 5)
Best time in the category: 17:14