



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Kneise, Emil

Club: LSV Lok Arnstadt
Number: 196

Course: 3.50 km
Jugend- und Jedermannlauf

Category:
männliche Jugend U14 (12-13)

Total time: 23:32

Speed: 7.65 km/h
Running performance: 6:43 min/km

Rank in course/Total: 50 (of 51)

Rank in course/Men: 26 (of 26)

Best time in course: 14:23

Rank in category: 9(of 9)

Best time in the category: 14:50